



The Captain America Battle Plan

11 Tactics Superheroes Use to Be Invincible



How can your clothing be used as a shield? How can it be used as a weapon?

- Your appearance **will** help you accomplish your goals.

When is clothing, a.k.a. battle armor, important?

- When others don't know you, and when their opinion of you can influence the achievement of your goals - in the home, the school, the community, and in the workplace. When is it not important?

The Battle Strategy:

- Use your appearance to improve the way YOU think, the way YOU feel, and the way YOU act.
- You will then improve the way OTHERS react or respond to you.

Let's Suit Up!

1. Start with the **basics**, simple styles you can dress up and down, mix and match.
2. Focus on 2-3 wardrobe **neutral colors**.
3. Look for **all-season fabrics**, medium weights wearable 8-9 months of the year.
4. **Remember tailored** elements to help you appear more authoritative. Soften the look to appear more approachable as needed.
5. Rely on a **12-16 piece cluster** of coordinated clothes, each piece distinctly different. Mix and match 45-90 outfits.
6. Add a few coordinated **accessories**.
7. Create one dominant theme and point of **interest near the face**, with all other points subordinate.
8. Give clothing and accessories **proper care**, storage, and repair.
9. Apply **makeup subtly** and well blended, to enhance appearance and increase your visual presence.
10. Use your clothing as an **art form** - personal pieces of wearable art, with you as the artist and part of the composition.
11. Never take yourself so seriously that you can't laugh at yourself! When all else fails, **SMILE!**

Take Action: Make your plan first.....evaluate your current wardrobe - likes, dislikes, never wear, weed out, what to add, new to try, plans for future wardrobe. Next, make a list to save money. And last but not least, shop.

Take Charge: Fill needs, forget yourself, concentrate on people and purpose, **win the battle!**